

Dr. Robert Cathers, Jr.

Who is God
AND
Who am I?

Seek God and Discover
Who You Really Are

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Who Is God?

This book will provide a foundation to build your faith and relationship with God. It's an open door into the Kingdom of God, and once you enter, you can explore and go as deep and far as you choose. (Note: This booklet references the New King James version of the Bible.)

Let's Start with the Basics.

How do we know that God exists?

How many times have you had a “knowing” or intuition about something that proved to be correct? Have you ever met someone that you felt so connected to, that you felt you’d known them all your life? Ever felt a protective intervention by what could only be described as an angel? These are just a few examples of spiritual encounters that cannot be proven by science.

Have you ever been to Spain? If not, how do you know that it exists? You can point to a map, or pictures, and claim that as proof of existence. But until you’ve seen and experienced Spain personally, it’s not that relevant, nor real, to you. So it is with God. The Spirit dimension is as real as the earthly dimension, and so close at hand that you can literally see it. The journey requires a leap of faith, but finally realizing who you are, and walking in that authority, are the most amazing and rewarding revelations you can ever experience.

We are hard-wired in our spirits to know the truth and deity

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of God. Have you ever watched a newsreel from a live tragedy, like 9/11? Our immediate, innate reaction is to cover our mouths and cry out, "Oh my God!" Because when nothing else can save someone from a tragic event, at our very DNA level, we stop ourselves from speaking the unspeakable. (Proverbs 18:21: "Death and life are in the power of the tongue.") And we cry out to God in these situations because our spirit knows the truth of *Mark 10:27*: "*With men it is impossible, but not with God; for with God all things are possible.*"

Something deep within us knows that God is real. Every superhero movie speaks to us because we know that we are so much more than what we are now. Every vampire movie speaks to us because we know that we are meant to live eternally. Every dark video game speaks to us because we know that we are wired to do spiritual warfare against the powers of darkness. Every romantic comedy speaks to us because we know that love is the key to life, and that being knit together with a soul mate is a type and shadow of our relationship with God. You already know in your own heart that God is real; ask Him to make Himself even more real to you and He will.

Matthew 7:7-8: "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened."

Who is God, what is He made of, and why is He so interested in people?

Who and What is God?

GOD HAS MANY attributes, such as faith and peace, but what is God? What is He made of?

John 4:24: "God is Spirit, and those who worship Him must worship in spirit and truth."

God is a Spirit. Thus, the spiritual world is actually the main dimension, and the physical world is a sub-dimension that God has created so that man would have his own domain to learn how to rule and reign as King.

Note that throughout this booklet, the word "man" refers to both male and female, as there is no distinction between male and female in the spirit realm.

Galatians 3:28: "There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus."

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Man also is a spirit being who possesses a soul and a body (I Thessalonians 5:23). The eternal part of man is his spirit. Our bodies provide the ability and authority to stay in this earthly dimension. You are a spiritual being connected to heaven, sent from our Father's heart to spend time on earth for a season and a reason.

What Else Is God?

God Is Love

1 John 4:16: "And we have known and believed the love that God has for us. God is love, and he who abides in love abides in God, and God in him."

God is love. That's what He is made of; love fills His spiritual veins. The New Testament can be correctly interpreted only through the lens of love.

Everything that God does is based on love! Even when God corrects you with a "check" in your spirit over something you've said or done, it's only because of His Fatherly love. The love of God is not the love of man; it's far different. The most powerful force in the universe is God's love. Jesus said, "All the law is fulfilled in this; love God and love one another." But before you can love one another, you must allow God to love *you* first. And you must grasp the concept of righteousness (right standing with God) before you can begin to comprehend the depth of His love for you.

Romans 5:5: "Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit, who was given to us."

God is love, so His kingdom is love. His commandment to His children is to love. God is not telling us to love one another out of our old (Adam) nature, but out of His Spirit's love -- the love of Christ that He has given to us.

God is Life

John 1:12: "But as many as received Him, to them He gave the right to become children of God, to those who believe in His name."

God doesn't just have life; God is life. It's who He is. The closer you get to God, the more alive you will feel, in health, joy, and peace. God's life force doesn't affect just your soul: it also impacts your body, as it did with Moses. There is no real life apart from God; else we simply exist.

John 10:10: "The thief does not come except to steal, and to kill, and to destroy. I (Jesus) have come that they may have life, and that they may have it more abundantly."

Jesus didn't come only to save our souls; He came to give us abundant life! If you're not connected to God, you are only existing. But once you're in a true relationship with the living God, you start becoming who you were truly meant to be.

In Hebrews 1:3, Jesus is called the express image of the Father (mirror likeness). Jesus said, "If you have seen Me, you have seen the Father." (John 14:9) What did Jesus do while He was on the earth? He taught, healed the sick, raised the dead, and restored broken souls to wholeness. The closer

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you become in your personal relationship to God, the more alive, restored, and whole you become.

Jesus was life. He did not just bring life; He was the manifestation of life on earth for the first time since Adam. Jesus' men adored Him. They wanted to be around His charismatic personality all the time. Peter couldn't wait for the boat to get to shore; he threw off his coat and swam ashore to be with Jesus. When Jesus went up to heaven, His disciples were distraught; they simply wanted to be near Him. His disciples were His friends. And He yearns for that same kind of friendship with you.

John 1:1-4: "In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things were made through Him, and without Him nothing was made that was made. In Him was life, and the life was the light of men."

In Jesus is extraordinary life! He came to give life to us, not just the salvation to live eternally, but the essence of life itself.

1 John 2:25: "And this is the promise that He has promised us—eternal life."

Jesus gave us His life, which is eternal and never-ending; therefore we will never die.

1 John 5:12: "He who has the Son has life; he who does not have the Son of God does not have life."

God offers us this choice in *Deuteronomy 30:19*: "I have

set before you life and death, blessing and cursing; therefore choose life."

God Is Light

Light travels at 186,000 miles per second. Einstein theorized that when you hit that speed, time itself stops. God's eternal realm exists outside of time in the dimension of light, or the spirit dimension.

1 John 1:5: "This is the message which we have heard from Him and declare to you, that God is light and in Him is no darkness at all."

God is light, life, and love. The light of God is illumination and revelation. When Moses stood in the physical presence of God, his skin began to glow. God's light remained on Moses and did not leave him.

John 1: 6-9: "If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth. But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

John the Baptist pointed the way to the light, to Jesus. Jesus came to give that light to every man so that we wouldn't walk in darkness. Until the coming of Jesus, the world was a very dark place. Everything has progressed since Jesus came into

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the world, because light illuminates everything and everyone. Light is revelation and insight. You suddenly know what you couldn't know or see before. His light touches and impacts every part of your life and your family.

Why did God create man?

WHEN GOD CREATED the earth, He created many different creatures. But man was different: man was created in God's image, and man is deeply important to God.

Genesis 1:26: "Then God said, 'Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth.'"

Genesis 1:27 "So God created man in His own image; in the image of God He created him; male and female He created them."

God created man to be the rulers of this earth, so man was created to be a ruler. Man was also created in God's image and His likeness. God is very much like us in every way; how He looks, thinks, acts, and rules. (Unfortunately, after man's fall from the Garden, this changed and became distorted.)

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In the book of Luke, Adam was called the Son of God (Luke 3:38). Adam was not some afterthought of God's creation, but the apex of His creation. Some people have a hard time believing this statement, but scripture shows how true it actually is. In John 3:16, Jesus' best friend said, "For God so loved the world that He gave His one and only begotten Son." We cannot begin to comprehend what that actually means; God did not give his Son to redeem satan's fallen angels, but for a far more precious, greater creature: YOU.

Hebrews 2:14-16: "Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil, and release those who through fear of death were all their lifetime subject to bondage. For indeed He does not give aid to angels, but He does give aid to the seed of Abraham."

God's great plan is to be one with us, to be, in a way, married to us, in the same intimate type of interpersonal closeness that a man and woman share. God created us to be His most intimate partner and greatest friend. (Genesis 1)

The Story of Redemption

1. Why did Jesus have to be born of a virgin?
2. Why did Jesus have to become a man?
3. Why did Jesus have to die on the cross?

Often, people group all religions altogether, and most religions

are about self-help in one way or another. They are based on doing certain kinds of works to hopefully make your life on earth better, or as insurance for a better afterlife.

Christianity began in Genesis 1 with the perfect relationship between God and man. Unfortunately, man's first relationship with God in the Garden fell due to deceit and disobedience. But the beauty of Christianity is that the rest of the story is about restoring that incredibly close relationship fully back to what it was originally meant to be.

The significance of life in the Garden of Eden – both before and after man's fall – is often minimized. God created both a male and female, and came to visit every day simply to spend time with them. They had no laws or commandments but one: Don't eat of the tree of the knowledge of good and evil. Some people get distracted by what kind of fruit it was and miss the point: What the tree really contained was the fruit of a revelation, the revelation of the knowledge of good and evil.

Adam was created pure and innocent; he had no thoughts of good and evil at all. Sometimes people wonder why God put a temptation before man, like a high-stakes game. It's probable that one day, man would have matured to where he could handle the revelation of good and evil without destructive judgment. But when he ate of the tree, he wasn't ready for it, so the knowledge of good and evil turned into immediate judgment. Adam judged his wife, judged himself shameful for being naked, he judged God as angry and judgmental, and they both hid from Him, thus destroying the relationship forever unless God could devise some way to repair it.

Jesus

In the book of Matthew, God reveals to Peter that Jesus was the Son of God. This new revelation would override the sinful perception that Adam took upon himself in the Garden. In the Garden, God promised the woman that her seed would overcome. He did not make the promise to Adam; He made it to the woman. Why? Because the seed of Adam was tainted with the nature of sin -- that's why none of the great prophets such as Abraham, Moses, David, Daniel, or Elijah could save man. It had to be someone who possessed a different seed, a different revelation. That is why Jesus had to be born of a virgin. He was a new seed: the seed of the Father combined with the DNA of man. Thus God was able to save man from his fall – and pave the way for restoring our direct, loving, intimate relationship with our Father.

God wasn't trying to create a religion when He sent His Son to earth. He brought a new spiritual DNA to man not DNA that would be passed on from the flesh of one man to another as father to son, but spiritual DNA that allows all men to partake of it. That DNA is the Word of God, and once planted in your heart, it changes your spiritual nature.

John 3:5-7: "Jesus answered, 'Most assuredly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to you, "You must be born again."'"

This new birth was not the physical body. Jesus told us it was the spiritual nature (eternal nature) that would be reborn, and

man would once again become like God and able to relate to God on His level again.

Jesus came to earth to bring man back to God, by becoming a man, not an angel or other being. Hebrews 2:16 says Jesus did not take on the nature of angels. If Jesus had taken on the nature of angels, it would have been to redeem Satan's fallen angels, but Jesus came as a man. The Bible says Jesus became a partaker of flesh and blood (man) and he took on the seed of Abraham. This is hard to fathom, but God became man because God so loved the world that He gave His one and only Son, that whosoever believes in Him, will not perish but have everlasting life. God gave His only Son because He loves and values us so much.

John 1: 1-3: "In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things were made through Him, and without Him nothing was made that was made."

Why would God do that? Why would He become a man (and through the Son, remain a man through all eternity)? The reason is simple: so we could become one with Him, just like Him.

1 John 3:1: "Behold what manner of love the Father has bestowed on us, that we should be called children of God! Therefore the world does not know us, because it did not know Him."

God wanted someone He could relate to on the highest level, so He created us to be just like Him, together with Him.

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John 17: 20-23: "I do not pray for these alone, but also for those who will believe in Me through their word; that they all may be one, as You, Father, are in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me. And the glory which You gave Me I have given them, that they may be one just as We are one: I in them, and You in Me; that they may be made perfect in one, and that the world may know that You have sent Me, and have loved them as You have loved Me."

We are not just children of God; we are one with God. He made us to be just like He is. Romans 8:7 says that we are heirs with God and joint (equal) heirs with Christ. There is no higher position that you can be in, and you must start by knowing that you are the object of God's love! You are the pearl of great price of Matthew 13:46.

Not only that, but you are seated with Christ, not in a secondary position but in the primary position with God.

Ephesians 2:6: "He raised us up together, and made us sit together in the heavenly places in Christ Jesus."

However, keep in mind that your position there is not earned through your works; it is a gift of Christ's grace.

Ephesians 2:8-9: "For by grace you have been saved through faith, and that not of yourselves; *it is* the gift of God, not of works, lest anyone should boast."

Ephesians 1:23 tells us that we are Christ's body. What does that mean? We come together corporately as one body of

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believers. We are one with Him, and in authority we are Him! Because the head cannot be separated from the body, but the head is one with the body.

Because Jesus loves us so much, He died a horrific death on the cross for us. He was the Father's ultimate sacrifice. He took on our sins (our unrighteousness) and gave us the graces of salvation, eternal life, and righteousness.

If you ever hit a dark patch, remind yourself of that love. Keep in mind that Jesus was once a man, too. He understands how to relate to you. Whether sickness, poverty, interpersonal problems, even addictions: there is nothing you're going through that He either didn't battle (through temptation), or take authority over and command of people while on the earth.

CHAPTER 4

Why did God create me? What is His intention for my life?

EACH PERSON ON earth was created with specific gifts, talents, and a specific destiny to accomplish here on earth. What do you most love to do? What are you really great at doing? God formed you in His heart, and He put those desires in your own heart. You are fearfully and wonderfully made!

Psalms139:13-16: “For You formed my inward parts; You covered me in my mother’s womb. I will praise You, for I am fearfully and wonderfully made. Marvelous are Your works, and that my soul knows very well. My frame was not hidden from You, when I was made in secret, and skillfully wrought in the lowest parts of the earth. Your eyes saw my substance, being yet unformed. And in Your book they all were written, the days fashioned for me, when as yet there were none of them.”

Your destiny is tied to your Godly desires. God even knows the number of hairs on your head! (Matthew 10:30-31).

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There are no earthly words to describe the depth of our Father's love for you, His care for you, and His thoughts toward you.

Psalms 139:17-18: "How precious also are Your thoughts to me, O God! How great is the sum of them! If I should count them, they would be more in number than the sand."

God's will for your life is blessing and peace, a bright future filled with hope and promise.

Jeremiah 29:11-13: "For I know the thoughts that I think toward you, says the LORD, thoughts of peace and not of evil, to give you a future and a hope. Then you will call upon Me and go and pray to Me, and I will listen to you. And you will seek Me and find Me, when you search for Me with all your heart."

Perhaps because it all began in the Garden, or perhaps because they mirror and confirm each other like a double rainbow, these last two scriptures may best sum up God's intentions for your life.

Jeremiah 17:8: "For he shall be like a tree planted by the waters which spreads out its roots by the river, and will not fear when heat comes; but its leaf will be green, and will not be anxious in the year of drought, nor will cease from yielding fruit."

Psalms 1:3: "He shall be like a tree planted by the rivers of water that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper."

Now that you have some solid foundational principles about

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our Father and Jesus, your next step should be to receive the Holy Ghost, who is our teacher, intercessor, and guide in this life on earth. If you have ever felt a strong intuition or “quickening” in your spirit, such as a forewarning or strong leading that led to blessing, chances are excellent that it was the Holy Spirit leading you. Connect with Him every day through prayer, let Him into your life in a big way, and He will show and tell you who you are and all you need to know on your journey.